Bath Mind

Magazine Distribution Volunteer

**Team:** Business Development

**Opportunity:** Magazine Deliveries

Hours: Various hours

#### Located at: Bath and North East Somerset area

### About the opportunity

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This is a volunteer opportunity to support our Business Development Team to distribute our Wellbeing magazine to venues in Bath and North East Somerset.

The magazine provides information and resources to support mental health and wellbeing, with signposting to Bath Mind’s services and other support available in our community.

We are looking for friendly volunteers to deliver our magazine, initially in Bath City Centre. This can be done on foot, collecting copies in a bag from our offices and delivering in batches to our list of venues.

We welcome interest from those individuals who have direct or indirect experience of a mental health problem, who will gain support and understanding, with the opportunity to build confidence, skills and experience from Bath Mind.

Bath Mind aims to ensure that the needs and interest of mental health services users, men, women, Black and Minority Ethnic communities, disabled people, members of the LGBTQ+ community, and people of all ages are reflected in all its activities. All volunteers are expected to contribute to this aim.

### Role responsibilities

This interesting and rewarding role will include responsibilities such as:

* Delivering our Wellbeing magazine within the B&NEs area.
* Acting as an ambassador and representative for Bath Mind.
* Promoting the work and ethos of Bath Mind where appropriate.

### Skills and experience you may already have or would like to improve.

1. An interest in the voluntary sector
2. Ability to communicate effectively, both verbally and in writing in English
3. Good interpersonal skills with the ability to liaise with others and work flexibly as part of a team
4. Willingness to attend training courses as necessary, both internal and external
5. Knowledge and understanding of mental health issues
6. Useful, but not essential, for volunteers to have experience of working with people who require support for their mental health

### General expectations:

1. To have regular supervision meetings with your volunteer manager
2. You will be able to attend in house training if appropriate (some can be completed online)
3. To uphold and promote Bath Mind’s policies ensuring that their intention and spirit is followed throughout your journey as a Bath Mind volunteer
4. To adhere to the terms of the volunteer agreement

### How to apply

If you are interested in applying, please contact us at volunteer@bathmind.org.uk

We look forward to hearing from you.