# Bath_Mind_Logo_RGB

# Job Specification

**Job Title** Outreach Wellbeing Practitioner (SMI)

**Reports to** Access Community Mental Health Services Manager

**Contract type** 2 Year Fixed Term

**Hours of work** 37.5 Monday to Friday

**Salary** £27,000

**About Bath Mind**

Bath Mind was established in 1998 by a group of local people with lived experience of mental ill health who wanted to provide information and activities for people in the community.  Since then we have worked hard to develop what we do in response to local needs.

Many of our current staff have lived experience of facing mental health challenges; we have a greater understanding of the community that we support.

We are in contact with over 3,400 people annually to improve, prevent and maintain mental health and wellbeing.

While we are affiliated to national Mind, we receive no direct funding from them. We are a self – sustaining, independent locally run charity.

**About Bath Mind’s Access Community Mental Health service**

The Access Community Mental Health service is part of a system-wide transformation to redesign how community mental health services are delivered and experienced, placing communities and individuals at the heart of what we do and how we do it.

**Overall Responsibilities**

* This role will provide support to local Health services with their SMI (Serious Mental Illness) clinics. The clinics are dedicated to support the improvement in take up and quality of AHC’s by inviting community members with existing mental health conditions who have been contacted by GPs to attend a non-clinical setting to receive a comprehensive Annual Health Check (AHC) by a team of nurses. The nurses will check blood pressure, weight, BMI and complete a blood test as well as exploring the person’s lifestyle and provide guidance on improving physical health. In addition to this, there is the opportunity for people to talk to a SMI Wellbeing Practitioner about their mental health and understand what support is available to them.
* The Outreach Wellbeing Practitioner will also provide 1:1 proactive support to encourage and enable people to attend their annual health checks, for example by providing anxiety management strategies.
* The Outreach Wellbeing Practitioner will work on other projects within the BANES community to support the delivery of the Access Community Mental Health service.

**Communication Responsibilities**

To adopt a team approach and be a proactive team member

To be non-judgemental and empathetic

To adhere to the policy of confidentiality and sharing of information

To be non-discriminatory

To promote positive perceptions of Bath Mind at all times

To liaise with users of Bath Mind services as required

To maintain positive working relationships with other employees and volunteers of Bath Mind

To attend supervision, appraisals and team meetings

To attend training and relevant courses for professional development

**Specific Responsibilities**

* Working with people with mental health problems, supporting them through their AHC and having one-to-one conversations to support their broader mental health and wellbeing – including opening up opportunities for wider interventions or accessing support or services
* Signposting individuals looking for further support to other local organisations that might be able to support them
* Providing warm handovers to other organisations if a referral is appropriate as part of the persons journey to access mental health support in the community
* Clients make their own way to appointments, but candidates will need access to a car as venues are often in rural locations and some home visits may be required.
* Work with system partners include - PCN’s (Primary Care Networks), AWP (Avon & Wiltshire Partnership), to promote and deliver services and achieve the Access Community Mental Health service outcomes.
* Work with a small caseload, to identify a person’s recovery pathway to move towards their goals, maintaining a person centered, flexible approach walking alongside the person, implementing interventions/safety plans.
* Work flexibly, in the community and remotely to meet the service needs, responding to referrals within in service timeframes.
* Ensure ICT systems and data recording systems are used appropriately in line with policies and procedures. Work with colleagues to ensure effective internal systems including but not limited to maintenance of records and GDPR compliance.

* Carry out work in accordance with policies and service procedures, current legislation and quality standards. Be prepared for, attend, and engage in staff meetings, supervision, appraisal and training as agreed with your line manager.
* To ensure high quality and consistent standards of service and excellent customer service.
* To work towards the principles of social inclusion, integration and lifelong learning.
* To work flexibly and demonstrate an adaptable approach.
* To carry out any other duties commensurate with the role as required.

**Benefits**

25 day’s holiday per year (pro rata) + Public and Bank Holidays

Emergency Assistance Programme

Workplace Pension Scheme

Free membership to the [Soul Spa](https://www.thesoulspa.co.uk/?gclid=EAIaIQobChMIyNyTiIav9wIV0YBQBh2voQAMEAAYASAAEgLjIvD_BwE) in Bath

Eligibility for charity discount via Blue Light Card

**Person Specification**

**Essential Criteria:**

PERSONAL QUALITIES

• A personal and professional philosophy which aligns with the vision, mission and values of Bath Mind

• A positive, proactive approach

• An approach that is non-judgmental, non-discriminatory and empathetic. A clear understanding of equal opportunities.

• Strong personal integrity and independence of mind

• Personal and professional organisation skills

• Clear understanding of confidentiality requirements

QUALIFICATIONS/EXPERIENCE/SKILLS

Leadership:

• Excellent interpersonal skills

• Competence and confidence in communicating with individuals in crisis

• Experience with communicating information around mental health and wellbeing

• Confidence to work independently

• A passion for supporting others with their mental health and wellbeing

• A clear understanding of person centered support

• A good knowledge of safeguarding

Communication:

• Excellent interpersonal skills, demonstrating respect and sensitivity alongside clarity of leadership

• Excellent verbal and written communication skills, including listening skills

• Competence and confidence in communicating with individuals in crisis

• Knowledge of, and compliance with GDPR

• Confident and competent IT user – Microsoft Word, Publisher, PowerPoint, Excel

Performance Management:

• Commitment to regular supervision and appraisals

• Commitment to continuing professional development

• Commitment to quality assurance

Other:

• Car Driver

**Desirable Criteria:**

• Experience of responding positively/creatively to challenges and changes

• Experience of working within the third sector

• Experience in developing partnerships and working collaboratively