

BATH MIND EVENING
SUPPORT LINE

Breathing
Space

Need a chat?

01225 983130

Calls charged at local rate



The Breathing Space is staffed by an experienced team with a compassionate listening ear to talk, support and guide you.

For those:

- 16 years or over
- Registered with a GP within B&NES



Open from

5.30pm-11.30pm

365 evenings a year

WWW.BATHMIND.ORG.UK

breathingspace@bathmind.org.uk