

# How to make an INSTANT SKETCHBOOK!

Here's how to make an activity book out of template we've given you...which has got ideas printed on it to get you thinking, noticing and drawing! BUT you can use the same method to make a sketchbook anytime out of pretty much any bit of paper.

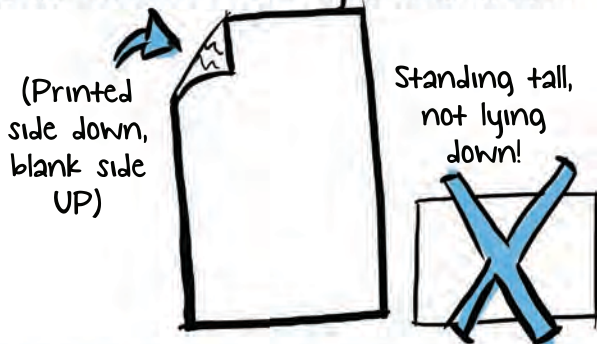
We think you'll love your sketchbook... if not, make a paper airplane from it!



**HAVE FUN!**

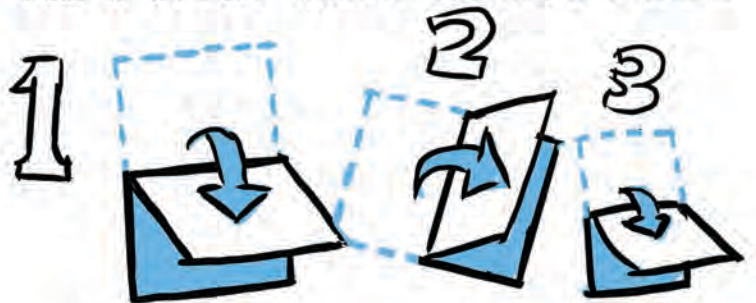
## STEP 1

Hold the paper with the printed side AWAY from you like this...



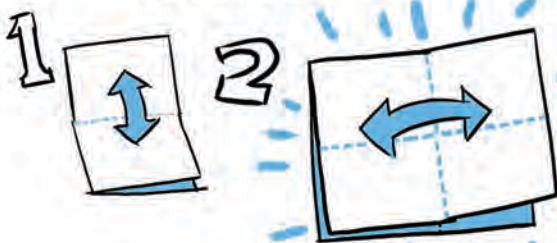
## STEP 2

Fold it in half THREE TIMES, like this...



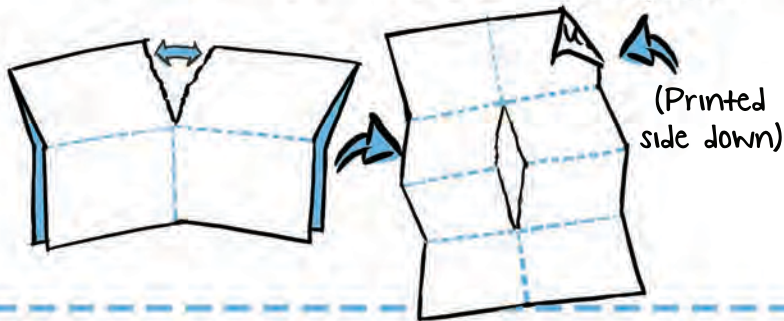
## STEP 3

REWIND! Open it out twice so it looks like this...



## STEP 4

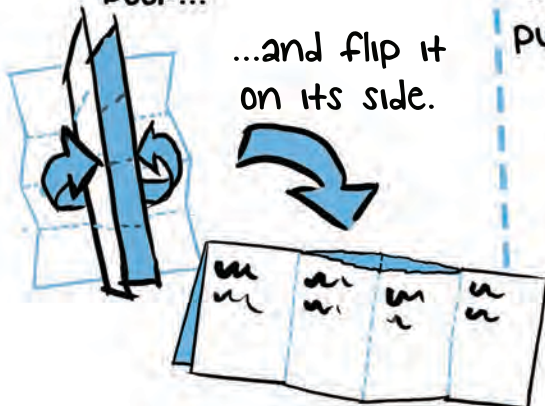
With the fold AT THE TOP gently tear to the middle fold... then open the whole thing out



## STEP 5

Close it like a book...

...and flip it on its side.

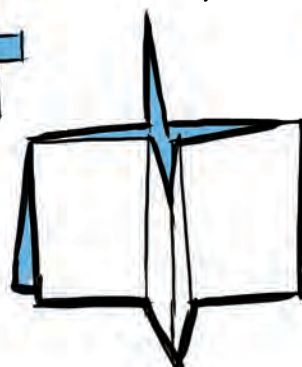
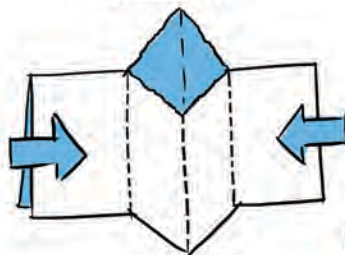


(You can see the printed side now!)

## STEP 6

Hold the sections at either end, and gently push them towards the middle...

...until you have an X shape...



...SQUASH IT ALL TOGETHER AND THERE'S YOUR BOOK!



Front cover not at the front? Just turn the pages like a carousel until it is!

**NOTE TO SELF...**  
Anything important you need to remember from today?



**A SOUND you could not have made it, where you are when you hear it or how it makes you feel)**

This is the **BACK COVER**. Imagine this is a book in a shop  
Do a few words and pictures to tell people what's in the book. Why it's great, and why it's author is **FANTASTIC!** (feel free to make stuff up)

We think this page works well in a GREEN space but it's up to you!

**LOOK UP!**



**LOOK DOWN!**



**My sketchbook of TODAY**  
by...

Front Cover (jazz it up a bit!)



your name (real or made up) here

**A really close up, detailed drawing...**



...now turn it into something else!

**Do a SUPER QUICK 30 second drawing of the next thing you see...**



This book is a gift from you to yourself... an excuse to spend a bit of time looking, exploring and drawing. It's just a sheet of paper so don't take it too seriously. To start, find and draw...

**...A BEAUTIFUL thing...**

**AN ACT OF KINDNESS from today...**



**Something that looks beautiful but you haven't noticed before...**



**Something you haven't noticed before...**



**A SELF PORTRAIT (but done with your eyes closed)**

Want to carry on? Turn this book inside out and you have a brand new sketchbook!

